Old Farm Country Cookbook
Recipes, Menus, and Memories

Jerry Apps
Susan Apps-Bodilly

Inspired by the dishes made by his mother, Eleanor, and featuring recipes found in her well-worn recipe box, Jerry and his daughter, Susan, take us on a culinary tour of life on the farm during the Depression and World War II. Seasoned with personal stories, menus, and family photos, *Old Farm Country Cookbook* recalls a time when electricity had not yet found its way to the farm, when making sauerkraut was a family endeavor, and when homemade ice cream tasted better than anything you could buy at the store.

Paperback: $26.95
224 pages, 43 color and b&w photos, 7 x 9
ISBN: 978-0-87020-830-0

Life in a Northern Town
Cooking, Eating, and Other Adventures along Lake Superior

Mary Dougherty

In 2007, Mary Dougherty and her family set out to live their lives against a backdrop of waterfalls, beaches, farm stands, and a quintessential small town of 487 people. Through recipes, stories, and photos, this book explores what it means to nourish a family and a community while continuing cultural traditions begun by immigrants hundreds of years ago.

Hardcover: $29.95
208 pages, 180 color photos, 7½ x 9
NEW TITLES

**Somos Latinas**

**Voices of Wisconsin Latina Activists**

Andrea-Teresa Arenas  
Eloisa Gómez

Twenty-five Latina agents of change share their inspirational stories.

Celebrated Latina civil rights activist Dolores Huerta once said, “Every moment is an organizing opportunity, every person a potential activist, every minute a chance to change the world.” These are the stories of some of the Latina activists from Wisconsin who have lived Huerta’s words.

*Somos Latinas* shares the powerful narratives of 25 activists—from outspoken demonstrators to collaborative community-builders to determined individuals working for change behind the scenes—providing proof of the long-standing legacy of Latina activism throughout Wisconsin.

*Somos Latinas* draws on activist interviews conducted as part of the Somos Latinas Digital History Project, housed at the Wisconsin Historical Society, and looks deep into the life and passion of each woman. Though Latinas have a rich history of community activism in the state and throughout the country, their stories often go uncelebrated. *Somos Latinas* is essential reading for scholars, historians, activists, and anyone curious about how everyday citizens can effect change in their communities.

**Andrea-Teresa Arenas**, PhD, recently retired from her positions at UW–Madison as a Chican@ and Latin@ Studies Faculty Affiliate and the director of the Office of Service Learning and Community-Based Research in the College of Letters & Science. She is currently the director of the Somos Latinas Digital History Project.

**Eloisa Gómez** is the director of the Milwaukee County UW–Extension Office. From 2008 to 2012, she was the vice president of the Latino Historical Society of Wisconsin, and she served on the Somos Latinas Advisory Committee from 2012 to 2015.

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**Discover more Latino history**

**Mexicans in Wisconsin**

Sergio M. González  

Paperback: $12.95  
128 pages, 30 b&w photos, 6 x 9  
ISBN: 978-0-87020-834-8

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May 2018  
Paperback: $24.95  
302 pages, 38 b&w photos, 6 x 9  
ISBN: 978-0-87020-859-1

E-book Edition Available

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800-621-2736 wisconsinhistory.org/whspress
Once a Professor
A Memoir of Teaching in Turbulent Times

Jerry Apps

Farm boy professor shares a life of lessons.

“I never wanted to be a professor,” writes Jerry Apps in the introduction to Once a Professor. Yet a series of unexpected events and unplanned experiences put him on an unlikely path—and led to a thirty-eight-year career at the University of Wisconsin.

In this continuation of the Apps life story begun in his childhood memoir Limping through Life, Wisconsin’s celebrated rural storyteller shares stories from his years at the University of Wisconsin–Madison from 1957 to 1995, when he left the university to lecture and write fulltime. During those years Apps experienced the turmoil of protests and riots at the UW in the 1960s, the struggles of the tenure process and faculty governance, and the ever-present pressure to secure funding for academic research and programs.

Through it all, the award-winning writer honed a personal philosophy of education—one that values critical thinking, nontraditional teaching approaches, and hands-on experiences outside of the classroom. Colorful characters, personal photos, and journal entries from the era enrich this account of an unexpected campus career.

Jerry Apps has a PhD degree from the University of Wisconsin–Madison School of Education. He worked for the University of Wisconsin for thirty-eight years in varying roles, from county extension agent to tenured professor. He is a past director of the National Center for Extension Leadership Development. In addition to his many books on rural history, he has written eleven books on continuing and higher education. Jerry and his wife, Ruth, split their time between their home in Madison and their farm in central Wisconsin.

May 2018
Hardcover: $22.95
256 pages, 39 b&w photos, 5½ x 8¼

E-book Edition Available

Discover more by Jerry Apps, p. 15
Milwaukee
A City Built on Water
John Gurda

Paddle through the watery history of the Midwest’s Cream City.

The success and survival of Milwaukee lies in the rivers that meander through its streets and the great lake at its shore. The area’s earliest inhabitants recognized the value of a abundant, clean water supply for food and transportation. Settlers, shipbuilders, and city leaders used the same waters to travel greater distances, power million-dollar industries, and even have a bit of fun.

In Milwaukee: A City Built on Water, celebrated historian John Gurda expands on his popular Milwaukee Public Television documentary, relating the mucky history of the waters that gave Milwaukee life—and occasionally threatened the city through erosion, invasive species, and water-borne diseases.

Telling tales of brewers, brickmakers, ecologists, and engineers, Gurda explores the city’s complicated connection with its most precious resource and greatest challenge. You’ll meet the generations of people, from a Potawatomi chief to fur traders and fishermen, who settled on the small spit of land known as Jones Island; learn how Milwaukee’s unique water composition creates its distinct cream-colored bricks; visit Wisconsin’s first waterparks; and see how city leaders transformed the Milwaukee River—one described as a “vast sewer” with an “odorous tide”—into today’s lively and lovely Riverwalk.

John Gurda is a Milwaukee-born writer and historian who has been studying his hometown since 1972. He is the author of twenty-one books, including histories of Milwaukee-area neighborhoods, churches, and industries. He is also a photographer, lecturer, and local history columnist for the Milwaukee Journal Sentinel. Gurda is an eight-time winner of the Wisconsin Historical Society’s Award of Merit. The common thread in all his work is understanding history as “why things are the way they are.”

Gurda wrote, co-produced, and hosted Milwaukee: A City Built on Water, a one-hour documentary broadcast on Milwaukee Public Television in 2015.

Read more by John Gurda

Cream City Chronicles
Stories of Milwaukee’s Past
Paperback: $18.95
240 pages, 77 b&w photos, 5½ x 8½
ISBN: 978-0-87020-758-7

E-book Edition Available

800-621-2736 wisconsinhistory.org/whspress
How to Make a Life
A Tibetan Refugee Family and the Midwestern Woman They Adopted

Madeline Uraneck

An immigration story of crossing cultural bridges and finding family.

When Madeline Uraneck said hello to the Tibetan woman cleaning her office cubicle, she never imagined the moment would change her life. After learning that Tenzin Kalsang had left her husband and four children behind in a Tibetan refugee settlement in India to try to forge a better life for them, Madeline took on the task of helping her apply for US visas. When the family reunited in their new Midwestern home, Madeline became swept up in their lives, from homework and soccer games to family dinners and shared holiday traditions. By reaching out, she found more than she bargained for—a family who welcomed her as their own and taught her more than she offered them.

An evocative blend of immersion journalism and memoir, How to Make a Life shares the story of a Tibetan refugee family making a life in Madison, Wisconsin, and the Midwestern woman they befriended. From tales of escaping Tibet over the Himalayas, to striking a balance between old traditions with new, to bridging divides one friendly gesture at a time, readers will expand their understanding of family, culture, and belonging.

Madeline Uraneck is an educator and writer who has visited sixty-four countries through her role as International Education Consultant for the Wisconsin Department of Public Instruction, several Peace Corps assignments, and her passion for world travel. Her writing has appeared in K–12 curriculum materials, educational handbooks on culture and policy, and publications including WorldView Magazine, Hotline, Global Education, WorldWise Schools, and The Isthmus, for which she received a Wisconsin Newspaper Association award.

March 2018
Paperback: $22.95
240 pages, 29 b&w and color photos, 5½ x 8½

E-book Edition Available

Explore immigration stories in our People in Wisconsin series at wisconsinhistory.org/whspress

Poles in Wisconsin
Susan Gibson Mikol

Finns in Wisconsin
Mark Knipping
Wisconsin Riffs
Jazz Profiles from the Heartland
Kurt Dietrich

An extensive, upbeat compilation of Wisconsin’s jazz musicians

Although New York City, Los Angeles, and Chicago are often considered the epicenters of American jazz, the state of Wisconsin has had a rich association with jazz since the inception of the genre in the early 1900s. Iconic musicians Bunny Berigan, Woody Herman, Les Paul, and Al Jarreau all hailed from Wisconsin, as have many other influential players, composers, and teachers. Wisconsin Riffs features these musicians side-by-side—from the world-renowned to obscure regional artists—to portray a comprehensive history of jazz in Wisconsin.

Through meticulous research and more than a hundred interviews, author Kurt Dietrich has assembled a group of musicians who represent a wide range of backgrounds, ages, stylistic schools, and experiences—from leaders of swing-era big bands to legendary Wisconsin Conservatory instructors to today’s up-and-coming practitioners of contemporary jazz and jazz rock. For aspiring musicians, jazz enthusiasts, and fans of Wisconsin culture alike, Wisconsin Riffs presents a compelling, complex, and multi-layered concoction—just like jazz itself.

Kurt Dietrich is a professor of music and the Barbara Baldwin DeFrees Chair in the Performing Arts at Ripon College. He is the author of Duke’s Bones: Ellington’s Great Trombonists, as well as numerous articles for publications including Annual Review of Jazz Studies and Black Music Research Journal. He is a longtime player of jazz and has performed on numerous recordings.

April 2018
Hardcover: $40.00
580 pages, 114 b&w photos, 6 x 9

E-book Edition Available

Pick up more historic beats

Polka Heartland
Why the Midwest Loves to Polka
Rick March
Photographs by Dick Blau
Hardcover: $29.95
208 pages, 140 b&w and color photos, 8 x 9
**Living a Country Year**

*Wit and Wisdom from the Good Old Days*

Jerry Apps

Jerry App's farm stories open the barn door to understanding life in the country.

"Even with all the hard work, we had more time (perhaps we took more time) to enjoy what was all around us: nights filled with starlight, days with clear blue skies and puffy clouds. Wonderful smells everywhere—fresh mown hay, wildflowers, and apple blossoms. Interesting sounds—the rumble of distant thunder, an owl calling in the woods, a flock of Canada geese winging over in the fall."

In this paperback edition of a beloved Jerry Apps classic, the rural historian tells stories from his childhood days on a small central Wisconsin dairy farm in the 1930s and 1950s. From a January morning memory of pancakes piled high after chores, to a June day spent learning to ride a pony named Ginger, Jerry moves through the turn of the seasons and teaches gentle lessons about life on the farm. With recipes associated with each month and a new introduction exclusive to this 2nd edition, *Living a Country Year* celebrates the rhythms of rural life with warmth and humor.

February 2018

Paperback: $15.95

172 pages, 5½ x 8½

ISBN: 978-0-87020-861-4

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**Every Farm Tells A Story**

*A Tale of Family Farm Values*

Jerry Apps

Jerry Apps details the virtues and hardships of rural living.

"Do your chores without complaining. Show up on time. Do every job well. Always try to do better. Never stop learning. Next year will be better. Care for others, especially those who have less than you. Accept those who are different from you. Love the land."

In this paperback edition of a beloved Jerry Apps classic, the rural historian captures the heart and soul of life in rural America. Inspired by his mother's farm account books—in which she meticulously recorded every farm purchase—Jerry chronicles life on a small farm during and after World War II. Featuring a new introduction exclusive to this 2nd edition, *Every Farm Tells a Story* reminds us that, while our family farms are shrinking in number, the values learned there remain deeply woven in our cultural heritage.

February 2018

Paperback: $15.95

188 pages, 5½ x 8½

ISBN: 978-0-87020-863-8

E-book Editions Available
Taking Flight
A History of Birds and People in the Heart of America
Michael Edmonds

A dynamic account of ornithological history in America’s heartland.

Today, more than fifty million Americans trample through wetlands at dawn, endure clouds of mosquitoes, and brave freezing autumn winds just to catch a glimpse of a bird. The human desire to connect with winged creatures defies age and generation. In the Midwest, humans and birds have lived together for more than twelve thousand years. Taking Flight explores how and why people have worshipped, feared, studied, hunted, eaten, and protected the birds that surrounded them.

Author and birder Michael Edmonds has combed archaeological reports, missionaries’ journals, travelers’ letters, early scientific treatises, the memoirs of American Indian elders, and the folklore of hunters, farmers, and formerly enslaved people throughout the Midwest to reveal how our ancestors thought about the very same birds we see today. Whether you’re a casual bird-watcher, a hard-core life-lister, or simply someone who loves the outdoors, you’ll look at birds differently after reading this book.

Michael Edmonds has been a recreational birder for three decades. He is the author of two award-winning books from the Wisconsin Historical Society Press, Out of the Northwoods and Risking Everything, and has written several articles for the Wisconsin Magazine of History and other journals. He graduated from Harvard University in 1976, joined the Wisconsin Historical Society staff in 1982, and has taught at the University of Wisconsin since 1986.

March 2018
Hardcover: $28.95
304 pages, 61 b&w and color photos, 6 x 9

E-book Edition Available

Explore more natural history, p. 19
The Story of Act 31
How Native History Came to Wisconsin Classrooms
J P Leary

From forward-thinking resolution to violent controversy and beyond.

Since its passage in 1989, a state law known as Act 31 requires that all students in Wisconsin learn about the history, culture, and tribal sovereignty of Wisconsin’s federally recognized tribes.

The Story of Act 31 tells the story of the law’s inception—tracing its origins to a court decision in 1983 that affirmed American Indian hunting and fishing treaty rights in Wisconsin, and to the violent public outcry that followed the court’s decision. Author J P Leary paints a picture of controversy stemming from past policy decisions that denied generations of Wisconsin students the opportunity to learn about tribal history.

J P Leary is an associate professor of humanities, First Nations studies, and history at the University of Wisconsin–Green Bay. He is also a member of the graduate faculty in education and a faculty affiliate with the Professional Program in Education Center for First Nations Studies. He served as the American Indian Studies Consultant at the Wisconsin Department of Public Instruction from 1996 until 2011. Dr. Leary earned a master’s in American history from the University of Oklahoma and a PhD in educational policy studies from UW–Madison.

April 2018
Paperback: $28.95
360 pages, 6 x 9
ISBN: 978-0-87020-832-4

E-book Edition Available

Discover more American Indian history, p. 17
Wisconsin State Parks
Extraordinary Stories of Geology and Natural History
Scott Spoolman

Hit the trail for a dramatic look at Wisconsin’s geologic past.

The impressive bluffs, valleys, waterfalls, and lakes of Wisconsin’s state parks provide more than beautiful scenery and recreational opportunities. They are windows into the distant past, offering clues to the dramatic events that have shaped the land over billions of years.

Author and former DNR journalist Scott Spoolman takes readers with him to twenty-eight parks, forests, and natural areas where evidence of the state’s striking geologic and natural history are on display. In an accessible storytelling style, Spoolman sheds light on the volcanoes that poured deep layers of lava rock over a vast area in the northwest, the glacial masses that flattened and molded the landscape of northern and eastern Wisconsin, mountain ranges that rose up and wore away over hundreds of millions of years, and many other bedrock-shaping phenomena. These stories connect geologic processes to the current landscape, as well as to the evolution of flora and fauna and development of human settlement and activities, for a deeper understanding of our state’s natural history.

The book includes a selection of detailed trail guides for each park, which hikers can take with them on the trail to view evidence of Wisconsin’s geologic and natural history for themselves.

Scott Spoolman is a science writer who has focused on the environmental sciences, especially those stories of natural science and the environment related to Wisconsin and surrounding states. After earning a master’s degree from the University of Minnesota School of Journalism, he worked for several years as an editor in the publishing industry, specializing in textbooks and other educational materials. Since 1996, he has worked as a freelance writer and editor for a variety of outlets and has coauthored several editions of a series of environmental science textbooks.

April 2018
Paperback: $24.95
228 pages, 88 color photos and 6 maps, 7 x 9

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Find more adventures, p.18–19
NEW TITLES

James Madison
Liberty’s Advocate
John P. Kaminski

A Word Portrait of an American Founder.

America has had few political thinkers who have rivalled James Madison. The son of a wealthy planter, Madison was an unhealthy child and was beset by physical infirmities throughout his long life, and grew into a cerebral man. Madison left Virginia to attend the College of New Jersey, but returned to his native state after completing his studies. Though he aspired to be a college professor, Madison instead went into public service and became one of the most influential, guiding voices of the Founding Era. Madison’s Virginia Plan would be used as a blueprint for the Constitutional Convention, where the Articles of Confederation would be replaced with a new Constitution that bore traces of Madison’s influence throughout.

Editor John Kaminski has gathered a remarkable collection of quotations by and about James Madison for the third installment of his Word Portraits of America’s Founders series. Through these words by and about Madison, we learn more about one of the country’s most influential Founding Fathers, who held a lifelong commitment to liberty and opposed oppression.

John P. Kaminski is the founder and director of the Center for the Study of the American Constitution in the Department of History at the University of Wisconsin-Madison, where he is also editor of the multivolume Documentary History of the Ratification of the Constitution. A professor emeritus from the College of Letters and Science at the University of Wisconsin-Madison, he is the author or editor of twenty-five other books on early American history.

2018
Hardcover: $26.95
196 pages, 5½ x 8½
ISBN: 978-0-87020-898-0

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Letters from the Boys
Wisconsin World War I Soldiers Write Home
Carrie A. Meyer

Words from the Wisconsin boys manning the trenches.

On the 100th anniversary of the arrival of the flood of American troops in Europe that would shift the tide of World War I in favor of the Allies, Letters from the Boys brings to life this terrible war as experienced by Wisconsinites writing home.

Technology had transformed the battlefield in alarming ways. Automatic rifles mowed down the young men who went “over the top” to attack enemy trenches; airplanes and improved artillery brought death unseen from miles away; terrifying clouds of poison gas choked and burned the European countryside; the internal combustion engine brought tanks to the battlefield for the first time and revolutionized the way troops deployed.

In the thick of it were young men from Wisconsin who found themselves caught up in geopolitical events half a world away. Professor Carrie A. Meyer combed through three newspapers in Green County, Wisconsin, to collect and synthesize the letters from the boys into a narrative that is both unique and representative, telling the stories of several Green County boys and what they saw, from preparing for war, to life among French families near the front, to the terror of the battlefield. Meyer gracefully removes the veil of obscurity and anonymity hanging over soldiers who participated in a war fought so long ago by great numbers of men, reminding us that armies are made of individuals who strove to do their part and then return to their families.

Carrie A. Meyer is an associate professor of economics at George Mason University and has been a full-time faculty member since 1988. Since 2000, she has focused her research on the history of the rural Midwest. Her book Days on the Family Farm was published by University of Minnesota Press in 2007. Her article “Wisconsin's Gas Engines” appeared in the Wisconsin Magazine of History in Spring 2016.

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